

Private Lessons

- Must be 3 years or older
- Beginners, Figure or hockey skaters
- 20 minute lessons*
- 40 minute practice time*
- 1:1 Student/Teacher ratio

*Individual student lesson start times may vary from week to week but will stay within the scheduled time slot

Semi-private lessons

Semi-private lessons are available as long as the two or more skaters are at the same skating ability or level and are from the same household.



Group Lessons

- Must be 3 years or older
- Classes available for most skill levels
- Beginner, figure skating and hockey tracks
- 30-minute lessons
- 6 or 10:1 max. student/teacher ratio



Class Descriptions

P.A.L.S.- Parent and Little Skater (3 - 5 years old): This class teaches the child and parent how to skate and shows the parent how to teach skating skills to their child. It's a great class for the beginning skater. The parent/guardian must be at least 16 years old.

Snowplow Sam (3 - 5 years old): Designed to develop the preliminary coordination and strength necessary to move on skates. There are four levels in this curriculum.

The Basic Six: These six levels introduce the fundamentals of skating moves, forward and backward skating, stops, crossovers and turns. Upon completion of the Basic Six, skaters will have the knowledge to advance to the Free Skate levels.

Basic 1: Designed for skaters 6 and older with little or no skating experience. Will work on forward/backward skating, stopping, etc.

Basic 2 - 3: Designed for skaters that have passed Basic 1 or Snowplow Sam. Will work on backward skating, turning, introduction to spins, etc.

Basic 4 - 6: Designed for skaters that have passed Basic 3. Will work on edges, crossovers, spins, stroking, etc.

Pre-Free Skate and Free Skate 1 - 6: Designed for skaters that have passed Basic Six. Free Skate will be divided into four sections: moves in the field, dance sequences, spins and jumps. **You will need to register for Private lessons to work on this level when not offered as a group class.**

Hockey Tracks 1: (5 years and older that have passed Snowplow Sam, level 2) Fundamentals of hockey skating. Skaters will learn to move faster and be more agile on the ice. Will work on forward and backward skating, stops, etc. There are five levels in this curriculum. Sticks and pucks are not used.

Hockey Tracks 2 and 3: (6 years and older) Designed for skaters that have passed all 5 levels of Hockey Tracks 1. Will work on stronger forward and backward skating, stops, crossovers, edge work, etc. **You will need to register for Private lessons to work on these levels when not offered as a group class.**

Adults: (16 years & older) Designed for the beginner - advanced skater. Skaters choose either figure skating or hockey skating curriculum.