

DARTS Spearheads In-Home Aging Guidance for Dakota County

Dakota County, Minn. -- DARTS, a community-based nonprofit serving older adults and their families, has created the In-Home Aging Guidance funded by F. R. Bigelow Foundation and Dakota County to reach out to aging members of the community to better help them age in place.

The In-Home Aging Guidance Grant is to help older adults (60+), who make up 14% of Dakota County residents, be connected to the resources to stay active in the community regardless of economic or physical barriers (US Census Reporter).

Older adults can reach out to DARTS (651-455-1560 or dartsconnects.org) and a Service Coordinator will offer a free in-home consultation. Family members or friends and neighbors can also contact DARTS about their aging friends, and options can be provided for support. DARTS provides professional guidance to older adults and their loved ones with personalized assistance and support to enrich aging.

“With more residents desiring to stay in their homes and communities, this will be an important initiative to reach out to people and help them stay where they most want to live,” said Dakota County Commissioner Kathleen A. Gaylord.

For over 45 years DARTS has provided transportation, household chores, volunteer opportunities and supports for those caring for an older adult in Dakota County.

Director of Social Services and Transportation at DARTS, Tabatha Barrett, echoed the Commissioner’s positive outlook. “We’re looking forward to this program and working with community partners to help identify members of the community that need our assistance,” said Barrett.

About F. R. Bigelow: Established more than 65 years ago, the F. R. Bigelow Foundation remains committed to its founding principle of making the Saint Paul community a better place to live, learn and grow. From 1946 through today, the Foundation has invested deeply into neighborhoods across our great city. More at <https://www.frbigelow.org>

About Dakota County: The mission of the Dakota County government is to provide efficient, effective, responsive government that achieves the Board of Commissioners' vision for Dakota County: a premier place in which to live and work.

About DARTS: Since 1974, DARTS has been a community-based nonprofit serving seniors and their families in the southeast metro, helping them to lead more independent and fulfilling lives. DARTS was originally an acronym (Dakota Area Resources and Transportation for Seniors) but the name was shortened to DARTS in 2008. DARTS mission works to create connections that enrich aging.

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DARTS IN-HOME AGING GUIDANCE

Make aging easier - know the resources that are available. With support from Dakota County and F.R. Bigelow Foundation, DARTS is offering free support to older adults living alone in Dakota County.



Individuals Living Alone

Discovering aging resources in your community.



Community

What aspects of aging in place are the most difficult? How can the community help?



Resources

From health to leaky faucets, what are key partners that keep people in their homes.

These services are funded in part by the F.R. Bigelow Foundation and Dakota County.